

# Chivkeeb/Genesis

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## Zajqhia 32 – Chivkeeb Tshooj 31

### “Tsis Sib Haum, Nrhiav Kev Kho” “Finding Solutions to Unhealthy Relations”

Kev nyiaj siab ntshov plawv, muaj ntau zaus, yog tshwm hauv yus tsev neeg tuaj. Nws yog yus tsev neeg rovqab ua rau yus nyuaj siab. Ntau tus pojniam hais rau kuv tias, “Xibhwb, koj pab thov Vajtswv rau kuv thiab. Xyov ua cas kuv tus txiv yuav khwv tswvyim ua phem rau kuv ualauj li, ua rau kuv nyuaj siab heev.” Tej zaum tus hais li ntawd ho yog tus txivneej hais vim nws tus pojniam yog tus rhawv kev nyuaj siab rau nws.

Ntawm Yakhauj los thaum nws tijlaug Exaus yuav muab nws tua, nws khiav mus nrog nws dablaug Lanpas nyob. Thaum ntawd Lanpas ua chaw cawm siav rau nws. Tabsis los txog rau Chivkeeb tshooj 31 no peb ho pom tias Yakhauj tus dablaug Lanpas ho yog tus tsim kev nyuaj siab rau nws. Zaum no nws ho nrhiav kev khiav rovqab mus cuag nws txiv Ixaj thiab nws tus tijlaug Exaus nkawd. Nyeem Chivkeeb tshooj 31, ntawm nqe 22 mus kom tagrho tshooj 31 ntawd, uantej koj teb cov lus nug no.

Distress is often caused by members of the family. Often, a woman would ask me, “Pastor, would you please pray for me, because I am in distress. I don’t know why, but my husband is doing everything to cause me trouble.” Sometimes, the person who made that request was a man, saying that his wife was doing things to cause him distress.

When Jacob was in trouble with his brother Esau, he tried to kill him, so he escaped to find refuge from his uncle Laban. But now as we read Genesis chapter 31, we see that Laban is the one doing evil to Jacob, causing him distress. This time, he is running back to his father Isaac and his brother Esau. Read Genesis 31:22 to the end of the chapter before answering these questions.

1. Nyob hauv Chivkeeb 31:17-18, peb pom tias Yakhauj nrhiav kev khiav rovqab mus rau tebchaws Kana-as. Pib kiag ntawm tshooj 32, peb pom tias twb yog peb hnuv tomqab Lanpas mam li paub. Nws caum tau xya hnuv mam li caum cuag Yakhauj lawv. Yog ua cas Vajtswv ho los hais lus hauv npausuav rau Lanpas hmo uantej ntawd? (Nqe 22-30).

In Genesis 31:17-18, we saw that Jacob escaped from his father-in-law Laban, heading back to Canaan. At the beginning of chapter 32, after Jacob has escaped for three days, Laban knew about it and he was in pursue for seven days before he caught up with Jacob and his family. Why did God have to intervene and speak to Laban in a dream the night before? (Verses 22-30).

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2. Yam uas Laxees tau ua txhaum rau nws txiv thiab rau Vajtswv yog dabtsi? (Nqe 31-35).

What did Rachel do wrong to her father Laban and to God? (Verses 31-35).

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3. Neesnkaum xyoo uas Yakhauj mus nrog Lanpas nyob thiab ua haujlwm rau nws, nkawd qhov kev sib ncawg zoo li cas, thiab nws yawmtxiv Lanpas tau ua dabtsi tsis zoo rau nws (Nqe 13-19).

In those twenty years, what kind of relationship did Jacob have with his father-in-law, Laban, and what kind of treatment did he receive him? (Verses 36-42).

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4. Tsa pobzeb ua cim mas puavleej yog muaj ib lub homphiaj zoo. Pawg pobseb uas Yakhauj thiab Lanpas nkawd tsa zaum no yog nkawd muaj homphiaj dabtsi?

Monument often serves a good purpose. What purpose did the heap of stones that Jacob and Laban had set up? (Verses 43-55).

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5. Kev sib ncawg ntawm vauv thiab yawmtxiv mas feem ntau pheej tsis tshua zoo pistsawg. Yog koj yog vauv, koj suav hais tias koj yawmtxiv neb kev sib ncawg zoo li cas? Hos koj yog yawmtxiv ne, koj suav hais tias koj tus vauv neb kev sib ncawg zoo li cas?

Relationship between son-in-law and father-in-law is not always pleasant. If you are a son-in-law, how would you rate your relationship with your father-in-law? Or if you are a father-in-law, how do you rate your relationship with your son-in-law?

6. Yog neb kev sib ncawg tsis zoo heev, neb tau nrhiav txoj hau kev li cas los txhimkho kom zoo dua qub, lossis neb nrhawv muaj nrim li cas los tivthaiv kom neb txhob muaj kev sib tawmtsam yav tomntej?

If your relationship is not at its best, what have you done to improve it or have you set up a boundary that would prevent a relationship clash? If you have, what is it?

Kwvlam li 10 lub xyoo uas dhau lawm mas tej tub tej ntxhais nyiam mus ua laib heev, tabsis ua Vajtswv tsaug uas tamsim no kev ua laib tsuag lawm ntau. Thaum tej menyuum mus ua laib li ntawd mas lawv suav tias pab laib ntawd thiaj yog kwv yog tij tiag-tiag. Lawv ib tug tivthaiv ib tug, thiab txawm muaj ntau muaj tsawg los lawv sib faib noj sib faib haus.

Txawm li ntawd los peb pom tias muaj ob lub sijhawm uas tus menyuum laib ntawd yuav tig rovqab mus tsev mas yog: (1) thaum nws raug ntes kaw es yuavtsum yog nws niam nws txiv tuaj tso xwb, thiab (2) thaum nws pab laib ntawd tig rovqab ua phem rau nws.

Yakhauj lub neej los muaj ntsis zoo li ntawd. Vim muaj teebmeem hauv tsev, nws tsis daws kom poob, tabsis nws khiav mus vamkhom lwm tus kev pabcuam. Thaum kawg luag ua saib tsis taus nws, nws ho nrhiav kev khiav rovqab mus cuag nws tsev neeg dua.

Muaj qee zaus mas phem tsis cuag yus tsev neeg phem, tabsis feem ntau, zoo tsis cuag yus tsev neeg zoo. Ua Vajtswv tsaug uas yus yug los ua ib leej tibneeg uas muaj cuab muaj yig.